No Life After you

42 count 2 wall Inter/Adv line dance
Choreographed by; Guyton Mundy
Music; Life after you, By; Daughtry
10 count intro.. Count a rolling 8. (1 2 & a 3)

1-8 step with sweep, weave, ¾ spiral, walks X3, press, back, back lock back X2

1,2&a with weight forward on left foot, step right behind left as you sweep left around and behind right, step left behind right, step right to right side, cross left over right

3,4&a step right to right side as you do a ¾ spiral over left, walk forward left right left

5,6&a press forward on right foot, step back on left, step back on right, lock left over right

7,8&a step back on right, step back on left, lock right over left, step back on left

9-16 ½ turn into ¼ hitch, cross, side rock/recover cross, back X3, ¼ into sway, side, ¼ coaster

1,2&a3 make a ½ turn over right stepping forward on right as you hitch left up and make a ¼ turn to right(this will be a total of a ¾ turn bringing you back to the 12 O'clock wall). Cross left over right, rock right to right side, recover on left, cross right over left

4&a5 walk back left, right, left, make a ¼ turn to right as you step right to right side

6&a7 sway left, right, left, step right to right side

8&a make a ¼ turn to left stepping back on left, step together with right, step forward on left

17-24 ½, coaster, lock with sweep, behind side cross, ¾ spiral, step, ½ chase, twinkles X2

1,2&a3 make a ½ turn over left stepping back on right, step back on left, step together with right, step forward on left, lock right behind left as you sweep left around and behind right

4&a5 step left behind right, step right to right, cross left over right, step right to right as you make a ¾ spiral on right foot over left

6&a step forward on left, step forward on right, make a ½ turn over left stepping down on left,

7&a cross right over left, step left diagonally forward to left , step right next to left

8&a cross left over right, step right diagonally forward to right, step left next to right

25-32 cross back side, cross, ¾ spiral, walk X3, press, back X3, ¼, arm pull with ¼ , twinkle

1&a2 cross right over left, step back on left, step back on right, cross left over right,

&3& step right to right side as you make a ¾ spiral over left, walk forward left, right

a4 walk forward on left, press forward on right

5&a step back on left, step back on right, step back on left

6&a7 make a ¼ turn to right stepping right to right side, reach right arm to right, reach left arm across body to right (hand open like you're reaching for something), make a ¼ turn to right as you pull both hands into chest bringing elbows to sides as you drag left foot into right

8&a cross left over right, step diagonally forward to right on right, step left next to right

33-40 sweeps, hook, unwind, sweep, behind, sweep to passé with ¼, press, back X3, ½, ¾, side

1&2a3 step forward on right as you sweep left forward, sweep left back behind right, step left behind right as you sweep right around behind, hook right behind left, unwind full turn sweeping left out to left side

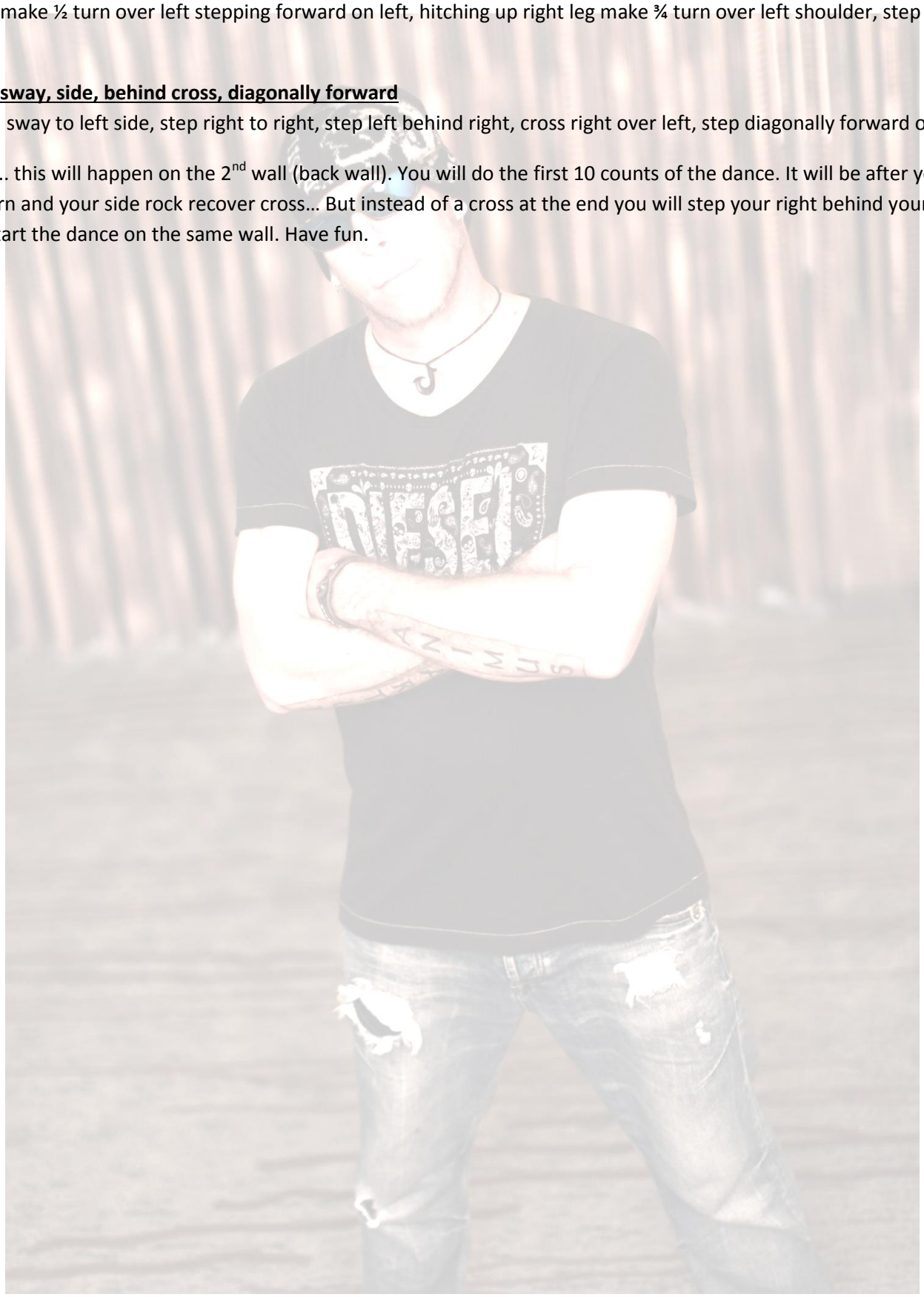
4&a step left to left side, step right behind left as you sweep left out to left bringing left foot back to instep of right, bring left foot up to inside of right knee (passé) while making ¼ turn left

5,6&a press forward on left, walk back right, left, right

7a8 make ½ turn over left stepping forward on left, hitching up right leg make ¾ turn over left shoulder, step right to right

41-42 sway, side, behind cross, diagonally forward

&1,2&a sway to left side, step right to right, step left behind right, cross right over left, step diagonally forward on left

Restart... this will happen on the 2nd wall (back wall). You will do the first 10 counts of the dance. It will be after your hitch turn and your side rock recover cross… But instead of a cross at the end you will step your right behind your left and restart the dance on the same wall. Have fun.

Guyton