

Do The Dead Dance

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Adam Åstmar (SWE) - September 2025

Music: The Dead Dance - Lady Gaga



Intro: 48 counts from start of track, approx. 23 seconds.

Sect – 1: Side Point. Roling Vine. Point. ¼ R. ¼ R.

- 1 – 2 Step to R on RF (1). Point to L with LF (2).
- 3 – 4 Turn ¼ step forward on LF (3). Turn ½ L step back on RF (4). [3:00]
- 5 – 6 Turn ¼ step to L on LF (5). Point to R with RF (6). [12:00]
- 7 – 8 Turn ¼ R step forward on RF (7). Turn ¼ R step to L on LF (8). [6:00]

Sect – 2: Behind. Side. Cross Rock. Slide Side. Drag. Behind Side Cross.

- 1 – 2 Step RF behind LF (1). Step to L on LF (2).
- 3 – 4 Cross rock RF over LF (3). Recover on LF (4).
- 5 – 6 Take a big step to R on RF (5). Drag LF towards RF (6).
- 7 & 8 Step LF behind RF (7). Step to R on RF (&). Cross LF over RF (8).

Sect – 3: (Do The Dead Dance) V Step with Arms. Side Touch Behind R and L with Arms.

- 1 – 2 Step to R diagonal on RF (1). Step to L diagonal on LF (2).
- 3 – 4 Step back on RF (3). Close LF next to RF (4).
- 5 – 6 Step to R on RF (5). Touch LF behind RF (6).
- 7 – 8 Step to L on LF (7). Touch RF behind LF (8).

Arms To do "The Dead Dance", follow the hand movements below.

- 1 – 2 Straighten both arms forward with hands bent by wrist and fingers pointing down (like a zombie).
 - Move arms to R diagonal pointing forward (1).
 - Move arms to L diagonal pointing forward (2).
- 3 – 4 Move arms straight down to R side next to body (3).
 - Move arms straight down to L side next to body (4).
- 5 – 6 Move arms straight up to L diagonal above your head like reaching for something (5).
 - Move arms straight down to R side snapping fingers (6).
- 7 – 8 Move arms straight up to R diagonal above your head like reaching for something (5).
 - Move arms straight down to L side snapping fingers (6).

Sect – 4: Side Together. Shuffle Fwd. Rock Fwd. ¼ L Chasse.

- 1 – 2 Step to R on RF (1). Close LF next to RF (2).
- 3 & 4 Step forward on RF (3). Close LF next to RF (&). Step forward on RF (4).
- 5 – 6 Rock forward on LF (5). Recover on RF (6).
- 7 & 8 Turn ¼ L step to L on LF (7). Close RF next to LF (&). Step to L on LF (8). [3:00]

Sect – 5: Cross Rock. Chasse. Cross Rock. Chasse ¼ L.

- 1 – 2 Cross rock RF over LF (1). Recover on LF (2).
- 3 & 4 Step to R on RF (3). Close LF next to RF (&). Step to R on RF (4).
- 5 – 6 Cross rock LF over RF (5). Recover on RF (6).
- 7 & 8 Step to L on LF (7). Close RF next to LF (&). Turn ¼ L step forward on LF (8). [12:00]

Sect – 6: Rocking Chair. Step ½ Turn. Camel Walk R and L.

- 1 – 2 Rock forward on RF (1). Recover on LF (2).
- 3 – 4 Rock back on RF (3). Recover on LF (4).

- 5 – 6 Step forward on RF (5). Turn $\frac{1}{2}$ L place weight on LF (6). [6:00]
7 – 8 Step forward on RF popping L knee (7). Step forward on LF popping R knee (8).

Sect – 7: Jazz Box $\frac{1}{4}$ R Cross. Side with Snake Roll R. Snake Roll L.

- 1 – 2 Cross RF over LF (1). Turn $\frac{1}{4}$ R step back on LF (2). [9:00]
3 – 4 Step to R on RF (3). Cross LF over RF (4).
5 – 6 Step to R starting snake roll to R (5). Finish snake roll and touch LF to L diagonal (6).
7 – 8 Start snake roll to L (7). Finish snake roll and touch RF to R diagonal (8).

Sect – 8: Ball Cross. Unwind 3x Heel Bounces $\frac{3}{4}$ R. Side Rock. Cross Side Behind.

- & 1 Ball step RF next to LF (&). Cross LF over RF (1).
& 2 & 3 & 4 While turning $\frac{3}{4}$ R, do the following:
Lift both heels (&). Lower both heels keep weight on toes (2).
Lift both heels (&). Lower both heels keep weight on toes (3).
Lift both heels (&). Lower both heels place weight on RF (4). [6:00]
5 – 6 Rock to L on LF (5). Recover on RF (6).
7 & 8 Cross LF over RF (7). Step to R on RF (&). Step LF behind RF (8).

**Ending: Repeat the first 6 counts of Section 1, then do another full rolling vine to R ending towards 12'00.
Lift both hands slowly in the "zombie position" over 8 counts. When the music stops, tilt your head to the side.**

- 1 – 2 Step to R on RF (1). Point to L with LF (2).
3 – 4 Turn $\frac{1}{4}$ step forward on LF (3). Turn $\frac{1}{2}$ L step back on RF (4). [3:00]
5 – 6 Turn $\frac{1}{4}$ step to L on LF (5). Point to R with RF (6). [12:00]
7 – 8 Turn $\frac{1}{4}$ R step forward on RF (7). Turn $\frac{1}{2}$ R step to L on LF (8). [9:00]
1 – 8 Turn $\frac{1}{4}$ R step to R on RF and start lifting hands slowly in front of you and hands bent by wrists facing downwards (1). [12:00]
Continue lifting the arms for 7 counts (2-8).
1 Tilt your head towards one of your shoulder (pick either one).

Have fun!

Last Update: 9 Oct 2025
