Hero in the Room

Count: 72 **Wall:** 2 **Level:** High Intermediate Waltz

Choreographer: Debbie Rushton (UK), Kerry Maus (USA), Michael Lynn (UK), Ryan Hunt (UK), Fred Whitehouse (IRE), Shane McKeever (IRE) & Niels Poulsen (DK) - October 2026

Music: Hero In The Room - Jeremy Rosado

Intro: 24 counts. Start with weight on L
Phrasing: Intro, 72, Tag, 60 (6:00), 48 (12:00), 72, 48 (12:00), 72, 24, Ending

[1 – 12] Fwd R, full turn R, fwd L, 1/8 R point R, Hold, back twinkle, back L, R ronde flick

1 – 3	Step R fwd (1), turn ½ R stepping back on L (2), turn ½ R stepping R fwd (3) 12:00
4 – 6	Step L fwd (4), turn 1/8 R on L pointing R to R diagonal (5), HOLD (6) 1:30
7 – 9	Step back on R (7), rock L to L side (8), turn ¼ L stepping back on R (9) 10:30
10 – 12	Step L back (10), do a ronde en l'air on L turning ¼ R (11), flick R from front to back (12) 1:30

[13 – 24] R coaster, fwd L, drag R behind L, back ¼ L x 2, 1/8 L, point R, Hold

1 – 3	Step back on R (1), step L next to R (2), step R fwd (3) 1:30
4 – 6	Step L fwd (4), drag R behind L (5-6) 1:30
7 – 9	Step back on R (7), turn ¼ L stepping L to L side (8), turn ¼ L stepping R fwd (9) 7:30
10 – 12	Step L fwd (10), point R to R side turning 1/8 L on L punching R arm fwd (11), prep body L placing R hand on chest/heart (12) 6:00

[25 – 36] Run around ¾ R, fwd L, full spiral R, fwd R, out L, back R, back L, hook R 1/8 L

1 – 3	Turn ¼ R stepping R fwd (1), turn ¼ R stepping L fwd (2), turn ¼ R stepping R fwd (3) 3:00
4 – 6	Step L fwd (4), do a full spiral turn R over 2 counts (5-6) 3:00
7 – 9	Step R fwd (7), step L out to L side (8), step back on R (9) 3:00
10 – 12	Step back on L (10), hook R in front of L turning body to L diagonal placing R hand on chest and push from centre of chest towards L shoulder (11), Hold (12) 1:30

[37 – 48] R twinkle ¼ R, fwd L, hitch R ¼ L, Hold x2, diamond ¼ R, diamond 1/8 R

1 – 3	Step R into L corner (1), step L into L corner (2), turn ¼ stepping R into R corner (3) 4:30
4 – 6	Step L fwd (4), hitch R turning ¼ L on L (5-6) 1:30
7 – 9	Cross R over L (7), turn 1/8 R stepping L to L side (8), turn 1/8 R stepping back on R (9) 4:30
10 – 12	Step back on L (10), turn 1/8 R stepping R to R side (11), step L fwd (12) … Restart on walls 3 and 5, facing 12:00 6:00

[49 – 60] Fwd R, ¼ R, point L, touch tog., ¼ L sweep R fwd, diamond ½ R

1 – 3	Step R fwd (1), turn ¼ R on R pointing L to L side (2), touch L next to R (3) 9:00
4 – 6	Turn ¼ L stepping L fwd sweeping R fwd at the same time (4-6) 6:00
7 – 9	Cross R over L bending knee (7), step L to L side (8), turn 1/8 R crossing R behind L (9) 7:30
10 – 12	Step back on L (10), turn 3/8 R stepping R fwd (11), step L fwd (12) … Restart on wall 2, facing 6:00 12:00

[61 – 72] Fwd R, ¼ R point L, touch together, ¼ L sweep R fwd, jazz box back, point ½ L drag

1 – 3	Step R fwd (1), turn ¼ R on R pointing L to L side (2), touch L next to R (3) 3:00
4 – 6	Turn ¼ L stepping L fwd sweeping R fwd at the same time (4-6) 12:00
7 – 9	Cross R over L (7), step back on L (8), step back on R (9) 12:00
10 – 12	Point L back (10), turn ½ L stepping onto L (11), drag R next to L prepping body L (12) 6:00

Begin again ☺☺☺

Tag: 12 count tag, after wall 1, facing 6:00: 2 prissy walks RL, step turn turn, drag together

1 – 3	Cross R fwd and slightly over L (1), drag L next to R (2-3) 6:00
4 – 6	Cross L fwd and slightly over R (4), drag R next to L (5-6) 6:00
7 – 9	Step R fwd (7), turn ½ L stepping L fwd (8), turn ½ L stepping back on R (9) 6:00
10 – 12	Step back on L (10), drag R in front of L (11-12) … weight stays on L 6:00

Ending: Last wall is wall 7 (starts facing 6:00). Finish count 24 touching R hand on your heart 12:00
