

I'm No Good Alone

COPPER KNOB
STEPSHEETS

Count: 64

Wall: 4

Level: Easy Intermediate

Choreographer: Gregory Danvoie (BEL) - March 2026

Music: No Good Alone - JERUB



Section 1: Kick ball cross X2, side rock, recover, behind, side

- 1&2 RF Kick to the R forward diagonal, RF step next to LF, LF cross over RF (01:30) 3&4 RF Kick to the R forward diagonal, RF step next to LF, LF cross over RF (01:30) 5-6 RF side rock to the R side, recover on LF (12:00)
- 7-8 RF cross behind LF, LF step to the L side (12:00)

Section 2: Cross over, hold with snap, side step, cross behind, hold with snap, side step, jazz box with 1/4 turn

- 1-2 RF cross over LF, hold time with snap (12:00)
- &3-4 LF step to the L side, RF cross behind LF, hold Time with snap (12:00)
- &5-6 LF step to the L side, RF cross over LF, LF step back with 1/4 turn to the R side (03:00)
- 7-8 RF step to the R side, LF step forward (03:00)

Section 3: Rock fwd, tripple full turn, rock fwd, recover, shuffle fwd with 1/2 turn

- 1-2 RF rock forward, recover on LF (03:00)
- 3&4 Tripple full turn to the R side (R, L, R) (03:00) 5-6 LF rock forward, recover on RF (03:00)
- 7&8 LF step to the L side with 1/4 turn to the L, RF step next to LF, LF step forward with 1/4 turn to the L (09:00)

Section 4: Rock fwd, recover, step back out X2, step back, rock back, recover, kick ball point

- 1-2 RF rock forward, recover on LF (09:00)
- &3-4 RF step back out, LF step back out, RF step back (09:00) 5-6 LF rock back, recover on RF (09:00)
- 7&8 LF kick forward, LF step next to RF, RF point next to LF (09:00)

Section 5: Big step fwd to the diagonal, drag, point & Heel, big step fwd to the diagonal, drag, point & Heel

- 1-2 RF big step forward to the R diagonal, LF drag next to RF (keep weight on RF) (09:00)
- 3&4& LF point next to RF, LF step next to RF, RF Heel forward, RF step next to LF (09:00)
- 5-6 LF big step forward to the L diagonal, RF drag next to LF (keep weight on LF) (09:00)
- 7&8& RF point next to LF, RF step next to LF, LF Heel forward, LF step next to RF (09:00)

Section 6: Rock fwd, recover, step back, Heel forward, hold, ball, rock fwd, recover, step back, side step with 1/4 turn

- 1-2 RF rock forward, recover on LF (09:00)
- &3-4 RF step back, LF Heel forward, hold Time (09:00)
- &5-6 LF step next to RF, RF rock forward, recover on LF (09:00)
- 7-8 RF step back, LF step to the L side with 1/4 turn to the L side (06:00)

***RESTART**

Section 7: Cross over, hold with snap, side step, Heel diagonal, hold Time with snap, ball, cross over, side step, sailor with 1/4 turn

- 1-2 RF cross over LF, hold Time with snap (06:00)
- &3-4 LF step to the L side, RF Heel forward to the R diagonal, hold Time with snap (06:00)
- &5-6 RF step to the R side, LF cross over RF, RF step to the R side (06:00)
- 7&8 LF cross behind RF with 1/4 turn to the L, RF step slightly to the R side, LF step slightly to the L side (03:00)

Section 8: Scuff, hitch, step back, coaster step, jazz box cross

1&2 RF scuff, RF hitch, RF step back (03:00)
3&4 LF step back, RF step next to LF, LF step forward (03:00) 5-6 RF cross over LF, LF step back (03:00)
7-8 RF step to the R side, LF cross over RF (03:00)
***RESTART : at wall 2**
