

Lay It on Me

COPPER KNOB
STEPPERS

Count: 32

Wall: 2

Level: Improver

Choreographer: Marianne Langagne (FR) & Agnes Gauthier (FR) - 22 May 2026

Music: Lay It On Me - Frank Walker, Josh Ross & Norma Jean Martine



1 Restart (2nd Wall) – 1 Tag (End of 4th Wall)

Intro : 16 Counts

Sequences : 32 – 16R- 32 – 32 – TAG – 32 – 32 until the end

Special feature : 2 Wall choreography with Wall change (9.00 / 3.00) between restart and tag.

Choreography written for the workshop on May 30, 2026 at the Navajos Country Dancers in Marck (62)

S 1 BALL FWD, HEEL SPLIT, COASTER STEP, MAMBO, COASTER STEP

- 1 & 2 RF Fwd, the 2 Heels out, the 2 Heels back to the center (Weight on LF)
- 3 & 4 RF Back, Together, RF Fwd
- 5 & 6 LF Fwd, Recover on RF, LF slightly Back (Weight on LF)
- 7 & 8 RF Back, Together, RF Fwd

S 2 STEP ½ TURN R, ½ TURN R TRIPLE BACK , ¼ TURN SIDE SHUFFLE, KICK BALL POINT

- 1 – 2 LF Fwd, ½ Turn R (Weight on RF) (6 :00)
- 3 & 4 ½ Turn R – LF Back, Together, LF Back (12:00)
- 5 & 6 ¼ Turn R – RF to the R, Together, RF to the R (3 :00)
- 7 & 8 Kick LF Fwd, Ball L next to RF, R Point to the R - HERE RESTART – 2nd Wall (Facing 9.00)

S 3 VAUDEVILLE R, VAUDEVILLE ¼ TURN L, STEP ½ TURN L, FULL TURN * ,

- 1 & 2 Cross RF over LF, LF Back, R Heel Fwd
- & Together
- 3 & 4 Cross LF over RF, RF Back in ¼ Turn L, L Heel Fwd (12 :00)
- & Together
- 5 – 6 RF Fwd, ½ Turn L (Weight on LF) (6 :00)
- 7 – 8 ½ Turn L – RF Back, ½ Turn L – LF Fwd * (Option Walk R / L)

S 4 CROSS ROCK & WEAVE TO R, CROSS ROCK & WEAVE TO L &

- 1 -2 Cross RF over LF, Recover on LF
- & Together
- 3 & 4 Cross LF over RF, RF to the R, LF Behind RF
- & Together
- 5 – 6 Cross LF over RF, Recover on RF
- & Together
- 7 & 8 Cross RF over LF, LF to the L, Cross RF Behind LF
- & Together

TAG : JAZZ BOX ¼ TURN R (end of 4th Wall)

- 1-2-3-4 Cross RF over LF, LF Back, ¼ Turn R – RF to the R, LF Fwd (12.00)

Dance & Have Fun !!!!

Contacts :

Agnès Gauthier : cerisecookie@hotmail.fr

Marianne Langagne : eujeny_62@yahoo.fr Website : www.mariannelangagne.fr

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