

Under My Skin

Count: 32

Wall: 2

Level: High Intermediate

Choreographer: Karl-Harry Winson (UK) - September 2025

Music: Under My Skin - Harper Grace : (amazon.co.uk or spotify)



Intro: 16 Counts (Start on Vocals)

Back/Sweep. Behind. 1/4 Turn. Forward Rock. 3/4 Turn Left. Left Sailor Step. Back/Sweep. Behind. 1/8 Turn.

- 1,2a Step Right back sweeping Left from front to back. Cross Left behind Right. Turn 1/4 Right stepping Right forward. (3.00)
- 3,4a Rock Left forward. Recover weight on Right. Turn 1/2 Left stepping Left forward (9.00)
- 5 Turn 1/4 Left stepping Right to Right side sweeping Left from front to back (6.00).
- 6&a Cross Left behind Right. Step Right to Right side. Step Left out to Left side.
- 7 Step Right back sweeping Left from front to back. (6.00)
- 8a Cross Left behind Right. Turn 1/8 turn Right stepping Right to Right diagonal (7.30)

Step/Hitch. Back/Drag. 1/8 Turn Left. Right Twinkle. Syncopated Weave Right. 1/4 Turn Left. Cross Shuffle.

- 1 – 2 Step Left forward to Right diagonal hitching Right knee. Step Right back dragging Left up towards Right. (7.30)
- 3 Step Left forward and sweeping Right from back to front turning 1/8 Left straightening up to 6.00 Wall.
- 4&a Cross Right over Left. Step Left to Left side. Close Right beside Left raising onto the balls of your feet.
- 5a Cross Left over Right. Step Right to Right side.
- 6a Cross Left behind Right. Step Right to Right side. (6.00)
- 7 Cross Left over Right as you hitch Right knee up turning 1/4 turn Left. (3.00)
- 8a1 Cross Right over Left. Step Left beside Right. Cross Right over Left. (3.00)

Recover. 1/4 Turn Right. Step. Pivot 1/2 Turn Right. 1/2 turn Right. Back/Sweep X3. Behind-Side-Cross.

- 2a Recover weight on Left. Turn 1/4 Right stepping Right forward. (6.00)
- 3 – 4 Step Left forward. Slowly Pivot 1/2 turn Right transferring weight forward onto Right. (12.00)
- a5 Turn 1/2 turn Right stepping Left back. Step back on Right sweeping Left from front to back. (6.00)
- 6 Step back on Left sweeping Right from front to back. (6.00)
- 7 Step back on Right sweeping Left from front to back. (6.00)
- 8&a Cross Left behind Right. Step Right to Right side. Cross Left over Right. (6.00)

Right Side Rock. Roll Left. Left Side Rock. Roll Right. Left Twinkle. Cross. Side-Hitch.

- 1,2a Rock Right to Right side. Recover on Left turning 1/4 turn Left (3.00). Turn 1/2 Left stepping Right back (9.00).
- 3,4a Turn 1/4 Left rocking Left to Left side (6.00). Recover on Right turning 1/4 Right (9.00). Turn 1/2 Right stepping Left back (3.00).
- 5 Turn 1/4 Right stepping Right to Right side sweeping Left from back to front. (6.00).
- 6&a Cross Left over Right. Step Right to Right side (angle body to Left diagonal). Close Left beside Right (6.00).
- 7 Cross step Right over Left (6.00)
- 8 Step Big step to Left side dragging Right up towards Left and Hitch Right knee up (all on 1 count) (6.00).

*Non-Turning Option for counts 1 – 5 of Section 4

Syncopated Side Rocks Right & Left.

- 1,2a Rock Right out to Right side. Recover on Left. Step Right in place beside Left.
- 3,4a Rock Left out to Left side. Recover weight on Right. Step Left in place beside Right.

